## ACTIVITY WORKSHOP by Mona Grefenstein 04. – 06.01.2019

At this three days I offer seminars with different themes of the agility sport. The workshop takes place in the riding hall at Hof Grefenstein in 53945 Blankenheim-Reetz – Germany. For more information please visit <u>www.grefensteinerhof.de.</u>



## 04.01.2019 - Basic Foundation

Good basics are the main foundation for a successful training. Within this seminar I want to introduce you to the theroy about important cues and practice at the wings. We will take a look at building up basis on the different obstacles, and extended basic training for independent work, for example weave entries and exits, obstacle combinations and so on.

Basic Foundation training is suitable for young dogs (min. 7 months)

and for adult dogs who are already competing but want to improve their basis skills. We will work individually according to age and performance.

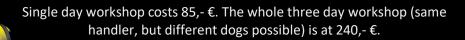
## 05.01.2019 - Running Contacts

RC training fits to all teams working with my method (or a very similar free shaping based method). We will practice special courses around the topic running contacts. Therefore the performance should be an advanced level.



## 06.01.2019 - Handling

It's all ab out course training – searching ideal lines, handling skills and senseful execution.



Further information: mona@agility-come-on.de

Sign up is open from 10.10.2018 at: https://goo.gl/forms/2wiNhkDRvSL99UR42